Connect Group Questions – June 28, 2026

1. Think of a “How Long?” season in your life, past or present. Was it difficult to bring your hurt, pain, and sorrow to God the way David did in Psalm 13?

2. Psalm 13 moves from turmoil to trust. Have you experienced that kind of progression in your own life? If so, share with the group.

3. In difficult seasons, how do you anchor yourself in God’s Word (through reading, study, meditation, etc.)?

4. David rejoiced in God’s salvation (v6). How do you make rejoicing in God’s salvation a priority in your life, and avoid taking it for granted?

5. How can your group pray effectively for one another in difficult seasons?