Connect Group Questions

1. What crisis in your life most resonates with Psalm 3, and where are you tempted to run before you run to God?

2. David honestly brought his fears to God. What keeps you from praying honestly in seasons of suffering, and how does the gospel encourage you to draw near?

3. How does knowing Christ is your shield and that God's care was proven at the cross change the way you face trial and crisis?

4. What does David's peaceful sleep teach you about trusting God's care even when your circumstances haven't changed?

5. How does Psalm 3 point you to Jesus, the rejected and exalted King, and strengthen your confidence that "salvation belongs to the LORD"?